

GOD'S WORDS ABOUT WORRY

Use these verses to remind yourself of truth and use specific truths to quiet lies. They can be used as prayers. Be sure to personalize them by making them a conversation with God. Or use them by repeating out loud or in your head.

WHEN YOU'RE WORRIED THAT GOD DOESN'T CARE ABOUT YOU OR SEE YOU:

God, your thoughts about me are priceless. No one can possibly add them all up. If I could count them, they would be more than the grains of sand. If I were to fall asleep counting and then wake up you would still be there with me.

Psalm 139:17-18

For the Lord your God is living among you. He is a mighty savior. He will take delight in you with gladness. With his love, he will calm all your fears. He will rejoice over you with joyful songs.

Zephaniah 3:17

But God demonstrates his own love for us in this: while we were still sinners, Christ died for us.

Romans 5:8

For the Lord your God is a merciful God, he will not abandon or destroy you.

Deuteronomy 4:31

WHEN YOU'RE AFRAID YOU'RE NOT GOOD ENOUGH:

If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness.

1 John 1:9

Now all glory to God, who is able, through his mighty power at work within us, to accomplish infinitely more than we might ask or think.

Ephesians 3:20

He made Him who knew no sin to be sin on our behalf, so that we might become the righteousness of God in Him.

2 Corinthians 5:21

SEVERE
ANXIETY

WHEN YOUR HEAD IS FILLED WITH “WHAT-IF” BECAUSE OF THE UNCERTAINTY OF LIFE:

You are my hiding place; you will protect me from trouble and surround me with songs of deliverance.

Psalm 32:7

Because you are my helper, I sing for joy in the shadow of your wings. I cling to you; your strong right hand holds me securely.

Psalm 63:7-8

You can throw the whole weight of your anxieties upon Him, for you are His personal concern.

1 Peter 5:7 (Phillips Modern English Translation)

The eyes of the Lord search the whole earth in order to strengthen those whose hearts are fully committed to Him.

2 Chronicles 16:9

I wait quietly before God, for my hope is in Him.

Psalm 63:5

My grace is sufficient for you, for power is perfected in weakness.

2 Corinthians 12:9

God has said, never will I leave you; never will I forsake you.

Hebrews 13:5

But you Lord are a shield around me, my glory, the One who lifts my head high.

Psalm 3:3

He is before all things and in Him all things hold together.

Colossians 1:17

The Lord is my strength and my shield; my heart trusts in Him and I am helped. My heart leaps for joy and I give thanks to Him in song.

Psalm 28:7

Those who trust in the Lord are like Mount Zion, which cannot be shaken but endures forever. As the mountains surround Jerusalem, so the Lord surrounds His people both now and forevermore.

Psalm 125:1-2

SEVERE
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