

Introduction and Background

When you both said, "I do," you were, in essence, saying to your lifelong honey, "I do want to make all my memories with you. From our fiery honeymoon to our smokin' retirement…it's you and me Hottie." Remembering the good times shared in the past can strengthen your future as you create new memorable

moments together.

Materials Needed:

Cell phone Wedding pictures Picnic blanket



<u>Procedure (the date):</u>

Step 1: Dinner and a Memory

Food and making memories seem to go hand in hand. Talk about the first meal you remember having together. Was it greasy, cheesy pizza or a fine steak? Recreate that first dining experience on your date.

As you enjoy your meal, talk about these topics:

- ·Strangest thing you did as a child
- •Favorite subject in high school and why
- •First thing you noticed about me
- •Favorite date night we've ever had
- •Best vacation you've ever been on

$$P_{A} = P_{total} \times X_{A}$$
where $X_{A} = \frac{1}{total \text{ moles } A}$

$$P_{total} = P_{A} + P_{B} + P_{C} + ...$$

$$PV = nRT D = \frac{m}{V}$$

Step 2: Sweet Memories

What was the first sweet treat you remember having together? Go get it and head to the park with a picnic blanket and your wedding photos.

As you look through the pictures, ask these questions:

- •Can you still name all of the people in the wedding party?
- ·What were you thinking as you walked down the aisle?
- ·What did you like best about our first year of marriage?
- •In what way is marriage easier than you thought it would be?
- ·In what way is marriage harder than you thought it would be? ·How can we make it better?

Step 3: New Memories

Go to the nearest dollar store. Find an item that symbolizes your commitment to continue to love, value, be committed to, and have FUN with your spouse in the years to come. You have \$5 and ten minutes, so be creative, be silly, make a fun new memory. Maybe a bottle of glue would say: I'm sticking with you. Now split up and meet at the front of the store with your purchases...GO!

Reveal the item to your spouse and explain why you chose it. Take a picture of the two of you together with your items to mark the occasion. Now head home, and the rest of the date is all up to you...OH YEAH!

